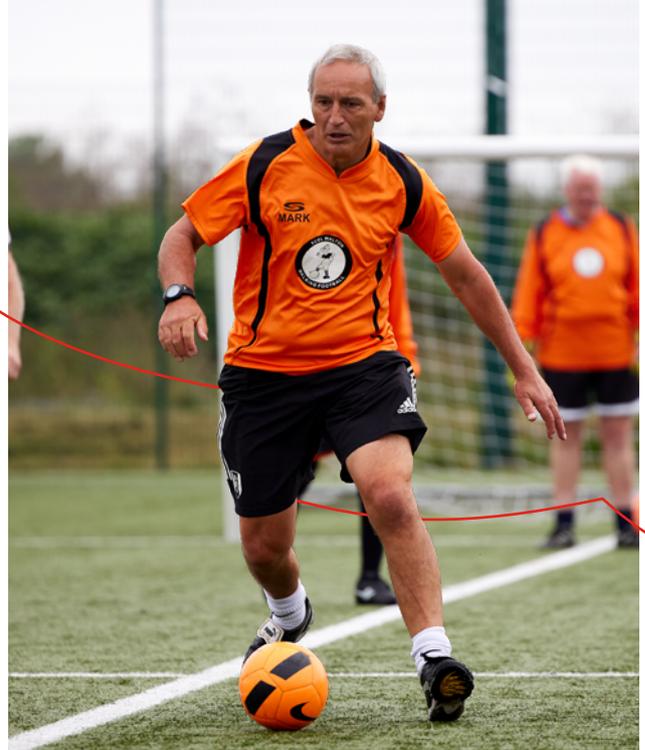




HOW CAN I GET INVOLVED IN WALKING FOOTBALL WEEK



Between 23rd March – 3rd April there are many ways to get involved in Walking Football Week. Whether you want to give walking football a go for the first time, find out more about how the game supports health, or register for the FA Walking Football Cup, there is something for you!

Day	What's on?	How To Get Involved
All throughout Walking Football Week	Give Walking Football a Go at a Walking Football Week Local Event!	Find a Walking Football Week local event near you here
Tuesday 24th March	The Health Benefits of Walking Football Webinar	Sign up here
Monday 30th March	Thank Your Walking Football Volunteers	Join us in thanking and celebrating your volunteers and all they do to make Walking Football happen on social media and tag #WalkingFootballWeek.
Wednesday 1st April	FA Walking Football Cup 2026 Registration Launch	Register your team for FA Walking Football Cup 2026. Express your interest to hear the first about FAWFC registrations.





WHAT CAN I EXPECT TO SEE?

Follow us on social media to catch all the National Walking Football Week content!
@englandfootball on Instagram, X and Facebook

Day	What's on?
Monday 23rd March	Welcome to Walking Football Week
Wednesday 25th March	The Alzheimer's Society Memory Café give Walking Football a go
Thursday 26th March	The Journey of a Walking Football Referee
Friday 27th March	FA Walking Football Cup Spotlight – Registrations Open Soon
Saturday 28th March	Walking Football Day – Give Walking Football A Go
Monday 30th March	Volunteering Spotlight – Thank You to our Walking Football Volunteers
Tuesday 31st March	Inside a Women's Walking Football Just Play session
Wednesday 1st April	FA Walking Football Cup 2026 Registration Launch
Thursday 2nd April	Walking Football Week Wrap Up
Friday 3rd April	FA Walking Football Cup – A look back at the 2025 competition