

Job Information Pack

ROLE: Team Leader (2 year volunteer position)

DATE: December 2024



*Inspiring
changemakers,
building
belonging*

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About the Youth Sport Trust

Children only get one childhood - let's make it count..

WHO WE ARE AND WHAT WE DO

We are the UK's leading charity improving every young person's education and development through play and sport. Our vision is a future where every child enjoys the life changing benefits of play and sport.

Sport gives young people a platform to have their voice heard and a place where they feel they belong. and we are on a mission to harness this extraordinary power to change young lives today and help them build a brighter tomorrow.

We are passionate about enabling all children unlock their full potential through high quality inclusive and innovative play, physical education and sport opportunities. Over 25 years we have developed a unique way of maximising the power of sport to grow young people, schools and communities through the development of physical and mental health, fostering inclusion and building character and leadership skills.

We empower young people through supportive environments, so they can grow self-confidence and find friendship.

We equip educators, grow networks and build communities of practice to demonstrate and advocate the impact of play and sport on school improvement and educational outcomes.

We inspire changemakers who lead the change they want to see in the world.

Together, we can reduce the impact of childhood inequalities and ensure that every young person achieves their personal best.

WHY WE EXIST

Young people's wellbeing is in decline. They are moving less and spending less time outdoors. Too many are inactive and unprepared to confidently face their future

A Generation of young people face physical and mental health challenges and increasing social and economic inequalities. These have been further exacerbated by Covid negatively impacting their ability to learn and thrive,

In the UK, our children are among the most unhappy in the world and the least positive about their future.

- Young people are moving less, feeling more isolated and experiencing poorer mental health which impacts on the whole family
- Children have more tech yet struggle with a lack of meaningful person to person connection.
- Young people are more physically and mentally unwell than ever before
- We are facing a crisis of childhood obesity, loneliness and low life satisfaction
- This is overwhelming our education and social care systems
- The gap in life skills for work is even greater in the most deprived areas
- Parents are feeling time pressured and unsure how to encourage their children to enjoy sport – the most physically inactive generation yet



OUR VALUES

Our values are our moral compass and guide the attitudes and behaviours required of us to achieve our vision. They provide an accountability framework for how we work internally with each other and with our customers and clients. They are also currently being refreshed in line with the new strategy.

- Be **courageous** and tackle big issues
- Take **responsibility** for what needs to be done
- Act with **integrity** in everything we do
- Place **inclusion** at our heart
- Grow through **collaboration**
- Earn **trust** through our actions.

YOUTH SPORT TRUST 2022 – 2035 STRATEGY

In May 2022 we launched our brand new 2022-2035 strategy, 'Inspiring Changemakers - Building Belonging'. Through it, our aim is to galvanise and **inspire changemakers** to transform attitudes, improve practice and drive policy change. Together we want to harness the power of play and sport to **build belonging** for a generation, improving their health, fostering inclusion and developing character and leadership.

This strategy has three objectives:

- **Urgent action** - Build back healthier, happier and more resilient young people and level the playing field for those most disadvantaged.
- **Generational shift** - To balance the demands of the digital age through the human connection of physical play and sport
- **Societal change** - Transform society's perceptions and attitudes towards the importance of physical literacy, play and sport in the education and development of young people.

These objectives will be delivered through six tactics:

1. **Equip educators** to rebuild wellbeing and **level up life chances** of young people most affected by Covid-19, and those suffering from the effect of inequalities.
2. **Empower young people** by unleashing a nationwide community of young leaders, who harness the positive power of play and sport to improve wellbeing, **build friendships, and foster understanding**.
3. **Unite a movement of organisations** to reclaim play and sport at the heart of every school, and make it **fun for everyone**.
4. **Mobilise influencers in all areas of public life** to make the decline of physical activity levels and human connection in a digital age matters of national concern.
5. Help **families** understand and champion their children's physical literacy and its importance to a healthy and **happy childhood**.
6. **Change from within** by **increasing our impact** on, connection with, and relevance to a changing world.



Our History

Established in 1995 by Sir John Beckwith (President) & Duncan Goodhew MBE (Vice President), the Youth Sport Trust has grown from a team of 4 to just over 110 today. Over its 27-year life, the Youth Sport Trust has been through four major phases in its development:

1995 – 1997

The first two years of the organisation saw it pioneer the renowned “TOPs” programmes. TOPs was a suite of seven programmes designed to support teachers and coaches deliver high quality PE and school sport programmes for young people from 18 months to 18 years. The TOPs programmes were supported by sponsorship from BT and lottery funding and were implemented through partnerships with Local Education Authorities and the Home Country Sports Councils. This era of the organisations development was characterised by creating world leading content.

1997 – 2010

This period coincided with the introduction of the government’s Specialist Schools strategy and a National PE and School Sport Strategy. The Youth Sport Trust partnered the DCMS and (the then) DFEE in implementing a national network of 450 School Sport Partnerships embracing every primary, secondary and special school in England. Each School Sport Partnership was hosted by a Specialist Sports college and played a strategic role in planning and delivering PE and school sport in a local area. This era of the organisations development was characterised by building a world leading structure and local delivery.

2010 – 2012

These two years were dominated by a focus on the build up to the London 2012 Olympic and Paralympic Games. New programmes such as the School Games, Change 4 Life Sports Clubs, Young Ambassadors and Project Ability were all inspired by the Games and allowed the organisation to bring added momentum to work around competitive school sport, volunteering, and inclusion. This era of the organisation’s development was characterised by the delivery of national programmes through high quality training and professional development.

SINCE 2012

The organisation has been focussed on sustaining and growing local, self improving networks of schools playing a role building local strategies which align and connect a range of Youth Sport Trust (YST) and government funded programmes and interventions such as the Primary PE and School Sport Premium and YST Start to Move.

The organisation launched its current strategy in May 2022. Our current strategic plan can be found <https://www.youthsporttrust.org/about/what-we-do/our-strategy>



About the Role

At the Youth Sport Trust, we're driving change. As the leading youth sport children's charity, we're impacting on the way sport is used to improve the lives of millions of young people. We are looking to recruit a diverse group of individuals over the age of 18 and based in the UK that have a passion for developing young people and a desire to develop themselves through volunteering. This is a fantastic developmental opportunity to get practical facilitation experience, valuable leadership skills, as well as opportunities to network with both industry professionals and peers through a series of training and delivery events.

The opportunity is for approximately 2 years and includes training and event delivery for young people each year both face to face and virtually. As a Team Leader, you will have the opportunity to develop yourself both personally and professionally through training and event delivery. Alongside this, safeguarding and inclusion training will be provided.

We are looking for Team Leaders who:

- Are passionate about working with young people
- Are a team player who enjoys action packed events
- Are committed to volunteering or working in sport
- Enjoy learning from others and sharing ideas
- Are motivated to develop and improve as a leader
- Are able to attend the events and training listed below
- Have paid or voluntary experience of working with young people or in sport

And want to:

- Enhance their personal profile and CV and impress potential employers
- Gain experience of working with young people
- Meet and work alongside a number of individuals from a leading charity working to improve the lives of young people through the power of sport.

All applicants must be available on:

- **Saturday 1st and Sunday 2nd March 2025 for training that will support Team Leaders, events will be confirmed over the course of the programme.**
- **From Monday 28th April 2025 – Thursday 1st May 2025 for a Youth Sport Trust Leadership Camp.**

Please note all travel expenses for YST events will be paid for by YST.

There will be other optional volunteering opportunities available for team leaders each year.

If you have the skills to support our work and share our passionate belief in the benefits of sport for young people, we would like to hear from you. Please click the apply now button and complete an online application.

Closing date: 11:59pm 8 January 2025

Interview date: Monday 20 or Tuesday 21 January 2025 via Zoom

The Youth Sport Trust believes that diversity drives excellence and that representation is important. The Trust therefore positively welcomes and seeks to ensure we achieve diversity in our workforce and that all job applicants and employees receive equal and fair treatment. We encourage applications from all candidates regardless of age, race, sex, gender identity, religion, sexual orientation, disability, or nationality.

Please note that this position is subject to an enhanced Criminal Records check.



Role description

Role Purpose

Your role as a Youth Sport Trust Team Leader will be to work with other Team Leaders or colleagues to support and guide groups of up to 20 young people aged 12-25 whilst attending a Youth Sport Trust event or activity. Our events will involve different abilities of promising young coaches, young leaders, sports volunteers, talented athletes and disengaged young people. Successful candidates will be involved in planning before the event and will have the opportunity to contribute to the day to day running of the programme.

What will you gain from the experience?


You will gain valuable experience of working with inspiring young people and will have the opportunity to meet and work with Youth Sport Trust staff, National Governing Bodies of sport, Athlete Role Models, and a whole host of other individuals and organisations involved with sports development in the UK and abroad.

Whether you are looking to work within the sport industry, or simply want to meet an amazing group of individuals and work with inspirational young people, whilst learning and developing key personal and professional skills, then this is an opportunity for you. Former team leaders have gone on to careers in teaching, law, banking, sport development, event management and much more.

You will receive all travel expenses incurred once part of the programme, provided you complete the relevant expenses claim forms and the claims are supported by receipts or other valid documentation. Accommodation and meals during training weekends and events will be provided. You will also receive appropriate kit for the events.

Duties and Responsibilities

To be part of a team of approximately 20 Team Leaders with overall duties and responsibilities to include:

- Responsibility for the personal welfare a group of young people including:
 - help with registration
 - familiarising your group with their environment
 - talking through and signing of their code of conduct
 - briefing your group on a daily basis
 - involved in the support and delivery of workshops
 - checking your group into rooms at night
 - ensuring your group are punctual to sessions
 - supervision of your group's departure
 - safeguarding and welfare of children and young people throughout the event
 - Organising team building, ice breaker and evening activities (sports activities, discos, quizzes etc) for the young people attending the YST event
 - To work alongside staff from the Youth Sport Trust, National Governing Bodies of Sport, University staff (including catering, security and accommodation), sporting partners, sponsors, media, teachers and volunteers.
 - To assist in the setting up prior to the event and winding down operations once the event has finished.
 - To attend training sessions in preparation for the event as and when necessary.
 - To provide event and training feedback to develop provision for Team Leaders and young people at events.
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Supervision

Full support and training will be given prior to all YST events. A trained welfare and inclusion team will be working with you before and during the events and members of senior staff will be available during the events at all times.

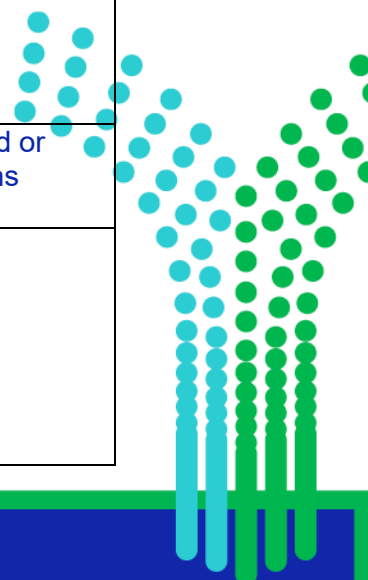


Person specification

Team Leader

Applicants for this position should be able to satisfy the following criteria:

	Essential	Desirable
Experience	<p>Experience of being in a situation where you were responsible for other people</p> <p>Have paid or voluntary experience of working with young people or in sport</p> <p>An understanding of safeguarding and welfare of children and young people</p>	<p>Experience of working with young people, in particular aged 12-19 years in a residential situation</p> <p>Experience of leading and managing a team</p> <p>To have demonstrated a commitment to working with and empowering young people</p> <p>Experience of working with young people with additional needs</p>
Skills/Qualities	<p>Able to communicate effectively with young people and adults</p> <p>Able to work effectively as part of a team</p> <p>Able to make decisions and solve problems</p> <p>Able to organise an effective session or activity</p> <p>Able to maintain confidentiality at all times</p> <p>Responsible and reliable</p> <p>Flexible and punctual</p> <p>Able to demonstrate commitment to personal development</p>	<p>Able to mentor and support young people in their development</p> <p>Able to lead and facilitate workshops and activities for small groups of young people</p>
Training	<p>Willingness to attend a series of evening/weekend training sessions in preparation for the events.</p>	
Education/Qualifications	<p>To hold GCSEs or equivalent in English and Maths</p>	<p>NGB/ coaching/ first aid or lifeguard qualifications</p>
Other	<p>Available for the dates outlined below</p> <p>Agrees to follow the Youth Sport Trust welfare and inclusion policy as well as other additional codes of conduct relating to behaviour, social media use and data protection.</p>	



Terms and Conditions

A full statement of the main terms and conditions of employment will be supplied with any formal offer of employment. The information provided below may be helpful to applicants as a guide but should not be treated as a substitute for a full contract of employment. Please note that terms and conditions will be a pro-rated for part time appointments as appropriate.

Pre – Employment Checks

Any offer of employment will be conditional on:

- The receipt of two references to the Youth Sport Trust. One referee must be your current or most recent employer, or education provider if employer not applicable.
- Satisfactory documentary evidence of your eligibility to work in the UK in accordance with current legislative requirements.
- Your written confirmation that the information provided on your application is correct.
- Satisfactory verification of your professional qualifications
- This role involves training, supervising, working with and /or being in sole charge of children and young people and therefore requires an enhanced Criminal Records Check. This is an impartial and confidential document that details an individual's criminal record, and where appropriate, details of those who are banned from working with children. The offer of employment will be conditional on the disclosure proving satisfactory to the Youth Sport Trust. The Youth Sport Trust complies fully with the DBS Code of Practice and undertakes to treat all applicants for positions fairly. It undertakes not to discriminate unfairly against any subject of a Disclosure on the basis of conviction or other information revealed.



How to apply

Applications should be made using the online Youth Sport Trust application form. For further details and access to the online form please visit <http://jobs.youthsporttrust.org> and click on the appropriate vacancy.

Closing Date

Please ensure you submit your application no later than **11.59pm on 8 January 2025**.

Interview

If shortlisted, you will be required to attend a virtual interview on either **Monday 20 or Tuesday 21 January 2025**.

If you have any queries regarding the role, please contact cissy.raford@youthsporttrust.org

Equal Opportunities

Youth Sport Trust positively welcomes and seeks to ensure we achieve diversity in our workforce and that all job applicants and employees receive equal and fair treatment. We encourage applications from all candidates regardless of age, race, sex, gender identity, religion, sexual orientation, disability, or nationality.

Further information on the Youth Sport Trust

If you would like further information on the Youth Sport Trust, please refer to the YST website www.youthsporttrust.org

